



# Saint Anne Catholic Church

RESUMED 5TH SUNDAY AFTER EPIPHANY

NOVEMBER 7, 2021

## PARISH OFFICE *OFICINA PARROQUIAL*

Address: 2337 Irving Ave.  
San Diego, CA 92113  
Phone: (619) 239-8253  
www.stannesd.com  
Email: stanefsspsandiego@gmail.com

## OFFICE HOURS

### *HORARIO DE OFICINA*

Monday -Thursday *Lunes-Jueves*  
8:30 a.m.- 12:00 p.m.  
1:00 p.m. - 4 p.m.

### Friday *Viernes*

9:00 a.m.- 12:00 p.m.  
1:00 p.m. - 4 p.m.

## PRIESTS

*Pastor* Fr. John Lyons FSSP  
*frlyonssfsp@gmail.com*  
*Assistant* Fr. Aaron Liebert FSSP  
*Assistant* Fr. Earl Eggleston

## STAFF

*Parish Admin.* Irene Flores Vega *Ext. 122*  
*Office Asst.* Mariel Jiménez-Go *Ext. 121*  
*Secretary* Bellanira Meda R. *Ext. 133*

## MASS SCHEDULE *HORARIO DE LAS MISAS*

### DAILY MASS SCHEDULE:

Monday – Saturday: 7:15 a.m. & 9 a.m.  
Monday, Wednesday, and Friday:  
6:30 p.m.

### *HORARIO DE MISA DIARIA:*

*De lunes a sábado: 7:15 a.m. y 9 a.m.*  
*Lunes, miércoles y viernes: 6:30 p.m.*

### SUNDAY MASS SCHEDULE

*HORARIO DE MISA DOMINICAL*  
6 a.m., 7:30 a.m., 9 a.m., 11 a.m.,  
12:30 p.m., 6 p.m.

### CONFESSIONS:

Monday – Saturday: half an hour  
before each Mass  
Saturday: 5 – 6 p.m.  
Sunday: Before each Mass

### *CONFESIONES:*

*Lunes a sábado: media hora antes*  
*de cada misa*  
*Sábado: 5 - 6 p.m.*  
*Domingo: Antes de cada Misa.*

### SICK CALLS

Call the parish office to schedule a home visit for the sacraments. **If someone is dying**, please call the parish office and dial ext. 4. You will be transferred immediately to the priest on call. If he is unable to answer at the moment, please leave a detailed message.

### *UNCIÓN DE LOS ENFERMOS*

*Llame a la oficina parroquial para solicitar una visita para los sacramentos. En el evento de que **alguien este muriendo**, por favor llame a la oficina parroquial y marque la extensión 4. Será transferido inmediatamente con el sacerdote en guardia. Si el sacerdote no contesta por favor deje un mensaje detallado.*

## DEVOTIONS *DEVOCIONES*

### SOLEMN EXPOSITION

*EXPOSICIÓN SOLEMNE*  
Friday/ *Viernes* 5:20 p.m. - 6:20 p.m.

Holy Hour for Moms every 3rd Friday of the month 10a.m.-11a.m.

*Hora Santa para Mamás 3.er viernes del mes*  
*10 a.m.-11 a.m.*

### SIMPLE EXPOSITION & ROSARY

*EXPOSICIÓN SIMPLE Y ROSARIO*  
Monday-Saturday after the 7:15 am Mass following lauds  
*Lunes a sábado después de Misa de 7:15am*  
*seguido por laudes*

### SUNDAY VESPERS

*VÍSPERAS DE RECTO TONO*  
5:30 p.m.

### DEVOTIONS TO ST. ANNE

*DEVOCIONES A SANTA ANA*  
Every Friday after 6:30 p.m. Mass.  
*Todos los viernes después de la Misa de 6:30 p.m*

### DEVOTIONS TO PADRE PIO

*DEVOCIONES A PADRE PIO*  
Every third Monday of the month after 6:30 p.m. Mass.  
*Cada tercer lunes después de la Misa de 6:30 pm*

For online donations visit our website at [www.stannesd.com](http://www.stannesd.com)

St. Anne Parish is staffed by the Priestly Fraternity of St. Peter, to offer the Traditional Latin Rite of the Mass.

La Iglesia de Santa Ana está administrada por La Fraternidad Sacerdotal de San Pedro, para ofrecer la liturgia tradicional del Rito Extraordinario.

**MASS INTENTIONS**

Sun. Nov. 7	<b>Resumed 5th Sunday after Epiphany, II Class</b>
6:00 AM	Priest's intention
7:30 AM	All Souls' Novena
9:00 AM	<i>Pro populo</i>
11:00 AM	All Souls' Novena
12:30 PM	All Souls' Novena
6:00 PM	All Souls' Novena
Mon. Nov. 8	<b>Feria, IV Class</b>
7:15 AM	All Souls' Novena
9:00 AM	Karla Celis por la familia Celis
6:30 PM	Priest's intention
Tue. Nov. 9	<b>Dedication of the Archbasilica of Our Holy Savior, II Class</b>
7:15 AM	All Souls' Novena
9:00 AM	Aniversario de bodas, Miguel C. y Josefina Espitia Felix
Wed. Nov. 10	<b>St. Andrew Avellino, III Class</b>
7:15 AM	All Souls' Novena
9:00 AM	Teresa Coard, birthday by the Coard family
6:30 PM	Priest's intention
Thur. Nov. 11	<b>St. Martin of Tours, III Class</b>
7:15 AM	Alexia Guadalupe Mora Jiménez por M. Jiménez-Go
9:00 AM	Aniversario de bodas, Miguel C. y Josefina Espitia Felix
Fri. Nov. 12	<b>St. Martin, III Class</b>
7:15 AM	Priest's intention
9:00 AM	In honor of Our Lady of Guadalupe
6:30 PM	Daniel Galuszka by Jim & Gwen Doan
Sat. Nov. 13	<b>St. Didacus, I Class</b>
7:15 AM	+Corazon Montserrat by Beka Romero
9:00 AM	+Paul Malley by M. Malley
Sun. Nov. 14	<b>Resumed 6th Sunday after Epiphany, II Class</b>
6:00 AM	Priest's intention
7:30 AM	Judith Lynch by Rosario Lynch
9:00 AM	<i>Pro populo</i>
11:00 AM	David Islas por la familia Islas
12:30 PM	+Roberto & Evlalia Quiambao by the Kincaid family
6:00 PM	Marcos Castañeda, birthday by Olympia Castañeda

**PARISH GROUPS**

<b>Adult Choir &amp; Choristers</b> .....	
<b>Cleaning Guild</b> .....	Maria Kuss mrkuss@sbcglobal.net
<b>Coffee Social</b> .....	Parish Office Sundays (619) 228-4138
<b>First Friday Homeschoolers' Group</b> ....	Kristi Gomez First Friday stanneshomeschoolers@gmail.com
<b>Helpers of God's Precious Infants</b> .....	Roger Lopez Pro-life sue.lopez.helpers@gmail.com
<b>Holy Name Society</b> .....	Steve Hicks Men's group, Second Tuesday steve.hix@gmail.com
<b>Legion of Mary</b> .....	Veronica Blea Every Saturday immaculateheart.lm@gmail.com
<b>St. Stephen Altar Guild</b> .....	Sean Phan Altar Boys sean.phan@protonmail.com
<b>St. Tarcisius</b> .....	Mari Grant Ages 4-12, Third Saturday mari.grant@twc.com
<b>Ushers</b> .....	Gary Gerken Sundays gerken@cox.net
<b>Young Adult Group</b> .....	Emily Sanchez Ages 18-35, Wednesdays sayasandiego@gmail.com
<b>Youth Group</b> .....	Patty Cruz Ages 13-18, Third Friday s.d.st.anneyouthgroup@gmail.com
<b>Women's Guild</b> .....	Joanne Martinez coachjoanne@icloud.com

**UPCOMING EVENTS**

**Tuesday, November 9**

- Men's Group at 7 pm in the parish hall

**Thursday, November 11**

- Adult catechism class at 7 pm in the parish hall

**PRÓXIMOS EVENTOS**

**Martes, 9 de noviembre**

- Cofradía de Hombres, 7 pm en el salón parroquial

**Jueves, 11 de noviembre**

- Clase de catecismo en inglés para adultos a las 7 pm en el salón parroquial

## WEEKLY ANNOUNCEMENTS

**CONFIRMATION CLASS** will resume on Saturday, November 13<sup>th</sup>.

**THE YOUTH GROUP** will be having a coffee and donut fundraiser following the morning Masses today, November 7, in front of church. Please stop by and support them as they raise money for the various activities planned for the Youth Group this year.

**SIDEWALK COUNSELING TRAINING:** Any adults interested in sidewalk counseling in front of abortion centers are invited to attend a sidewalk counselor training class tomorrow, Monday, November 8 at 7:30 pm in the church hall after Mass. For questions, email Roger Lopez at [sue.lopez.helpers@gmail.com](mailto:sue.lopez.helpers@gmail.com)

**FSSP CHRISTMAS NOVENA OF MASSES:** At the back of the church you will find enrollment forms for the FSSP Christmas Novena of Masses. You can also enroll online at <https://fssp.com/christmas-card-novena> Please mail enrollment forms to the FSSP by December 1st.

**COLLECTION FOR NATIONAL NEEDS:** Next Sunday there will be a second collection for the 2021 Collection for National Needs. This collection supports the Black and Indian Missions, the Catholic Home Missions, the Catholic Communication Campaign, and the Catholic University of America.

**BUILDING COMMITTEE UPDATE:** Some parishioners have already responded with leads on properties which might serve our parish's needs. We're looking for at least four acres of land which can be used for building upon. The closer we can remain to our present location, the better. Please add our search to the intentions you already have in your daily Rosary.

**FRESH RESCUE UPDATE:** We distribute fresh food items donated through local supermarkets. No sign up is needed. Distribution takes place every Saturday immediately following the 9am Mass. Items may be picked up at the back door of the kitchen located in the alley behind the church.

**SILENCE CELL PHONES:** Before entering the church, please take a moment to silence your cell phone. Thank you for helping to keep the church a house of prayer.

**SUBSCRIBE FOR NEWS AND UPDATES:** If you would like to receive parish news and updates by email, please visit our website at [www.stannesd.com](http://www.stannesd.com) and subscribe.

**LOST AND FOUND BOX:** There is a box in the courtyard labeled *Lost and Found*. Please DO NOT leave free items in the box or any part of the church premises.

## ANUNCIOS SEMANALES

**LA CLASE DE CONFIRMACION PARA ADOLESCENTES** reanudará el sábado, 13 de noviembre.

**EL GRUPO DE JOVENES ADOLESCENTES** tendrá café y donas en frente de la iglesia, hoy después de las Misas de la mañana para recaudar fondos. Por favor apoyen a los jóvenes a recaudar fondos para las diferentes actividades planeadas de este año.

**ENTRENAMIENTO PARA CONSEJERÍA:** Cualquier adulto interesado en la consejería en la acera frente a los centros de aborto está invitado a asistir a una clase de entrenamiento para consejeros, mañana lunes 8 de noviembre a las 7:30 pm en el salón de la iglesia después de la misa. Si tienes preguntas, envía un correo electrónico a Roger López a [sue.lopez.helpers@gmail.com](mailto:sue.lopez.helpers@gmail.com)

**NOVENARIO DE MISAS DE NAVIDAD DE LA FSSP:** Atrás de la iglesia encontraran formas para enrolar a sus familiares al novenario de Misas de Navidad de la FSSP. También se pueden enrolar en línea a <https://fssp.com/christmas-card-novena> Por favor mande por correo su formulario a la FSSP no mas tardar el 1ro de diciembre.

**COLECTA PARA NECESIDADES NACIONALES:** El próximo domingo se tomara una segunda colecta para la "Colecta del 2021 para Necesidades Nacionales." Esta colecta ayuda a sostener a las Misiones para Negros e Indios, las Misiones Católicas Domesticas, la Campaña para la Comunicación Católica, y la Universidad Católica de América.

**ACTUALIZACIÓN DEL COMITÉ DE CONSTRUCCIÓN:** Algunos feligreses ya han respondido con pistas sobre propiedades que podrían satisfacer a las necesidades de nuestra parroquia. Estamos buscando al menos cuatro acres de tierra donde se pueda construir. Cuanto más cercano estemos de nuestra ubicación actual, mejor. Agregue nuestra búsqueda a las intenciones que ya tiene en su Rosario diario.

**RESCATE DE ALIMENTOS FRESCOS:** Distribuimos alimentos frescos donados por los supermercados locales. No hay necesidad de registrarse. El programa se lleva acabo todos los sábados inmediatamente después de Misa de 9 am. Puede recoger la despensa por el callejón.

**SUBSCRIBASE PARA NOTICIAS:** Si le gustaría recibir noticas y actualizaciones de la parroquia por correo electrónico, suscríbese a la lista de correos electrónicos. Visite nuestra pagina web en [www.stannesd.com](http://www.stannesd.com)

**CAJA CON OBJETOS PERDIDOS:** En el patio se encuentra una caja con objetos perdidos. Si usted perdió algo por favor busque en esta caja. Por favor NO DEJE artículos gratis en esta caja o cualquier otro lado de la propiedad de la iglesia.

## FROM THE PASTOR

### How to Overcome Serious Sin

In order to overcome serious sin in our lives we must first **want** to overcome it. Secondly, we have to make use of the supernatural and natural means available to us that will help us to do this. These means include the following:

- 1) **Prayer** – We have to make time for regular prayer in our daily lives. The more we are tempted the more we should pray. Besides our morning and evening prayers we would do well to pray the Rosary daily. True devotion to Our Blessed Mother is one of the keys to overcoming sin.
- 2) **Sacraments** – We must receive Holy Communion as often as we can. If possible, daily. If not possible, at least every Sunday. Whenever we have the misfortune to commit a serious sin we must go to Confession as soon as possible. We must develop the habit of going frequently to Confession – at least once a month. Some people go every week, or every other week. By going frequently our souls will receive more grace to better resist temptation.
- 3) **Avoid the occasions of sin** – We must not go looking for temptation. In as much as it is possible we must avoid those persons, places, and things that lead us into sin. For example, if a man wishes to overcome the vice of pornography he must keep immoral books, magazines, and videos out of his home. He cannot have ready access to cable stations which carry pornography. If he uses the in-

ternet at all he must make sure his devices have filters. He must limit his recreational use of such devices to times when other people are around him. Electronic devices (including cell phones) must be kept out of the bedroom.

- 4) **Mortification** – The frequent practice of self-denial is essential. We must deny ourselves in many small ways. When we do this we obtain grace from God and we strengthen our wills. When some temptation comes along we are, then, better able to resist it. Some examples of mortification include not eating between meals, giving up sweets for a day, not watching some favorite entertainment, delaying a bit before taking a drink when we are thirsty, etc.
- 5) **Spiritual reading** – It's good to read and reflect daily upon some Scripture passage. However, there are many other good spiritual books (or CDs or podcasts) that we can read (or listen to). Reading about the lives of the saints is especially recommended. The story of their heroic lives helps to renew our own spiritual enthusiasm.

If we do all of these things, and we persevere in doing all of these things, victory will most certainly be ours.

### DRESS CODE

While at the church, everyone is expected to dress in a way that's both modest and appropriate for the house of God. Here are some guidelines:

- Dresses and skirts must be long enough that the knees are covered when sitting.
- Shoulders must be covered.
- Necklines must not be revealing.
- Clothing must not be too tight. Clothing is to conceal, not reveal.
- Shorts are not suitable wear for church.

Finally: We do request that the correction of visitors in this matter be left to the priests or their delegates.

### CODIGO DE VESTIMENTA

Mientras en la iglesia, se espera que todos se vistan de una manera modesta y apropiada para la casa de Dios. Aquí hay algunas guías:

- Vestidos y faldas deben ser suficientemente largas, para que cubran las rodillas al sentarse.
- Los hombros deben estar cubiertos.
- Los escotes no deben ser reveladores.
- La ropa no debe ser muy entallada. La ropa es para cubrir y no para revelar.
- Pantalones cortos (shorts) no son apropiados.

Finalmente: Pedimos que las correcciones a visitantes con este respecto se lo deje a los sacerdotes o a sus delegados.